*A green and black triangle pattern

Description automatically generated*Checklist for Therapeutic Use Exemption (TUE) Application

Inflammatory Bowel Disease

*Prohibited Substances: Glucocorticoids*

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant [International Standard for Therapeutic Exemptions](https://www.wada-ama.org/en/resources/world-anti-doping-program/international-standard-therapeutic-use-exemptions-istue) [(ISTUE)](https://www.wada-ama.org/en/resources/world-anti-doping-program/international-standard-therapeutic-use-exemptions-istue) criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents MUST be provided. *A completed application and checklist DO NOT guarantee the granting of a TUE.* Conversely, in some situations a legitimate application may not include every element on the checklist.

|  |  |  |
| --- | --- | --- |
|  | **TUE Application form** must include: | |
|  |  | All sections completed in legible handwriting |
|  |  | All information submitted in English as per Sport Integrity Commission requirements |
|  |  | A signature from the applying physician |
|  |  | The Athlete’s signature |
|  | **Medical report** should include details of: | |
|  |  | Medical history, family history, relevant signs and symptoms, age of initial presentation, subsequent course of disease |
|  |  | Findings of physical examination and specific investigations (serology, radiology, endoscopy, hi-tech imaging, histology) |
|  |  | Interpretation of results by specialist physician (gastroenterologist) and application of appropriate diagnostic index (SCCAI, CDAI, HBI) |
|  |  | Use of systemic Glucocorticoids (dosage, frequency, administration route) |
|  |  | Response to treatment (control and frequency of flare-ups/remission) |
|  |  | Use of permitted immunomodulators and biologicals |
|  | **Diagnostic test results** should include copies of: | |
|  |  | Relevant laboratory tests (e.g., serology stool/hemoccult test) |
|  |  | Imaging findings (X-ray, barium enema, gastro-, entero-, colonoscopy, CT, MRI) |
|  |  | Histology test results from biopsies |

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Checklist for a TUE Application – Inflammatory bowel disease – Version 4.1 – October 2023