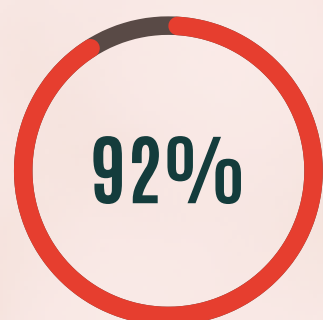


2020 ATHLETE SURVEY

Last year, we asked you for some anti-doping feedback that has genuinely helped shape the way we work. Here are some highlights.



TRUST & CONFIDENCE

Agreed or strongly agreed that you have trust and confidence in DFSNZ and the work we do

INTEGRITY

Agreed or strongly agreed that you have confidence in the integrity of DFSNZ's sample collection process

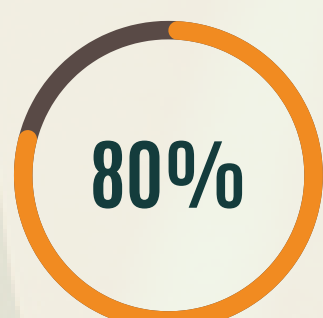
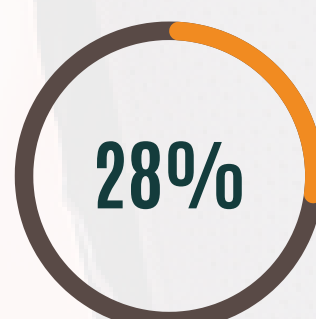


DOMESTIC DOPING

Agreed or strongly agreed that doping influenced the outcome of one or more of your domestic competitions in the past 12 months

INTERNATIONAL DOPING

Agreed or strongly agreed that doping influenced the outcome of one or more of your international contests in the past 12 months

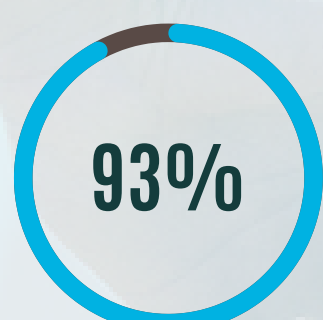


SUFFICIENT TESTING

Agreed or strongly agreed that DFSNZ conducts sufficient testing in your sport

EDUCATION

Strongly agreed that DFSNZ education provides you the information you need to compete cleanly



ADVOCACY

Agreed or strongly agreed that DFSNZ advocates for high standards in anti-doping worldwide

THE RULES

Agreed or strongly agreed that you receive sufficient information about anti-doping rules each year



EVERY YEAR WE GIVE YOU AN OPPORTUNITY TO VOICE WHAT YOU THINK WE COULD BE DOING BETTER, AND IN 2020 A NUMBER OF CONSISTENT THEMES CAME UP

ADVOCATING FOR HIGH STANDARDS WORLD-WIDE

We often hear of your concerns relating to the integrity of international anti-doping programmes. This is a significant area of focus for us. We are continuously advocating high standards through our voice in the media, we have a strong presence on international anti-doping boards and we are leading the development of anti-doping education programmes which are being recognised worldwide.

WHEREABOUTS

We know Whereabouts can be a pain, but it's fundamentally important and exists to keep your sport clean. We don't want you to make any mistakes and get any warnings (or strikes) for whereabouts failures. Our goal is to provide a seamless process and be there for support every step of the way.

So.. what have we done to help? **1)** To make things easier, we moved our entire whereabouts programme to a new system and implemented the ADAMS app **2)** We introduced dedicated Whereabouts support personnel who are here to answer your calls, whether that's to guide you through the use of the app, or talk to you more about what information you need and why.

SUPPLEMENTS

You're all aware of our stance on supplements. DFSNZ or WADA don't endorse the use of ANY supplements. Sometimes the answers we have won't be the ones you want to hear, but our message does not come with a lack of reason. We want you and your support team to understand the risks involved and that's why we created the [supplement decision making guide](#), to help you make more informed choices.

Thank you to every athlete who took the time to provide feedback. This survey helps us learn, grow and improve how we can support you as athletes.

We look forward to your input into the 2021 Athlete Survey.