



This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant [International Standard for Therapeutic Exemptions \(ISTUE\)](#) criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **MUST** be provided. *A completed application and checklist DO NOT guarantee the granting of a TUE.* Conversely, in some situations a legitimate application may not include every element on the checklist

<input type="checkbox"/>	TUE Application form must include:
<input type="checkbox"/>	All sections completed in legible handwriting
<input type="checkbox"/>	All information submitted in English as per Sport Integrity Commission's requirements
<input type="checkbox"/>	A signature from the applying physician
<input type="checkbox"/>	The Athlete's signature
<input type="checkbox"/>	Medical report should include details of
<input type="checkbox"/>	Family and personal history of PCOS diagnosis
<input type="checkbox"/>	Menstrual history
<input type="checkbox"/>	Relevant clinical symptoms (for example hirsutism, androgenic alopecia, acne, infertility, impaired glucose tolerance, depression or anxiety)
<input type="checkbox"/>	General physical examination including assessment of hair growth distribution and quantity, acne, BP, weight, height, BMI and pelvic examination if applicable
<input type="checkbox"/>	Previous treatment(s) and response to treatment
<input type="checkbox"/>	A list of past and/or current therapies
<input type="checkbox"/>	Diagnostic test results should include copies of:
<input type="checkbox"/>	Laboratory testing for PCOS to show biochemical hyperandrogenism
<input type="checkbox"/>	Imaging findings (e.g. transvaginal ultrasound) when applicable
<input type="checkbox"/>	Additional information (if necessary)
<input type="checkbox"/>	As specified by ADO