*A green and black triangle pattern

Description automatically generated*Checklist for Therapeutic Use Exemption (TUE) Application

PCOS

*Prohibited Substances: clomiphene, letrozole*

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant [International Standard for Therapeutic](https://www.wada-ama.org/en/resources/world-anti-doping-program/international-standard-therapeutic-use-exemptions-istue) [Exemptions (ISTUE)](https://www.wada-ama.org/en/resources/world-anti-doping-program/international-standard-therapeutic-use-exemptions-istue) criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents MUST be provided. *A completed application and checklist DO NOT guarantee the granting of a TUE.* Conversely, in some situations a legitimate application may not include every element on the checklist.

|  |  |  |
| --- | --- | --- |
|  | **TUE Application form** must include: | |
|  |  | All sections completed in legible handwriting |
|  |  | All information submitted in English as per Sport Integrity Commission’s requirements |
|  |  | A signature from the applying physician |
|  |  | The Athlete’s signature |
|  | **Medical report** should include details of | |
|  |  | Family and personal history of PCOS diagnosis |
|  |  | Menstrual history |
|  |  | Relevant clinical symptoms (for example hirsutism, androgenic alopecia, acne, infertility, impaired glucose tolerance, depression or anxiety) |
|  |  | General physical examination including assessment of hair growth distribution and quantity, acne, BP, weight, height, BMI and pelvic examination if applicable |
|  |  | Previous treatment(s) and response to treatment |
|  |  | A list of past and/or current therapies |
|  | **Diagnostic test results** should include copies of: | |
|  |  | Laboratory testing for PCOS to show biochemical hyperandrogenism |
|  |  | Imaging findings (e.g. transvaginal ultrasound) when applicable |

© WADA - World Anti-Doping Program

Checklist for a TUE Application – PCOS – Version 1.1 – October 2023