*A green and black triangle pattern

Description automatically generated*Checklist for Therapeutic Use Exemption (TUE) Application

Diabetes Mellitus

*Prohibited Substance: Insulin*

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant [International Standard for Therapeutic](https://www.wada-ama.org/en/resources/world-anti-doping-program/international-standard-therapeutic-use-exemptions-istue) [Exemptions (ISTUE)](https://www.wada-ama.org/en/resources/world-anti-doping-program/international-standard-therapeutic-use-exemptions-istue) criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents MUST be provided. *A completed application and checklist DO NOT guarantee the granting of a TUE.* Conversely, in some situations a legitimate application may not include every element on the checklist.

|  |  |  |
| --- | --- | --- |
|  | **TUE Application form** must include: | |
|  |  | All sections completed in legible handwriting |
|  |  | All information submitted in English as per Sport Integrity Commission’s requirements |
|  |  | A signature from the applying physician |
|  |  | The Athlete’s signature |
|  | **Medical report** should include details of: | |
|  |  | Medical history: symptoms, age at onset, course of disease, start of treatment, hypoglycemia, diabetic ketoacidosis, diabetes-related complications (where applicable) |
|  |  | Interpretation of symptoms, signs, and test results by physician |
|  |  | Diagnosis based on international criteria (fasting blood glucose/glucose tolerance test/ A1C or random blood glucose) |
|  |  | Type of insulin prescribed including dosage, frequency, administration route |
|  | **Diagnostic test results** should include copies of: | |
|  |  | Laboratory tests (e.g., A1C profile, blood glucose) |

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Checklist for a TUE Application – Diabetes Mellitus – Version 5.1 - October 2023