*A green and black triangle pattern

Description automatically generated*Checklist for Therapeutic Use Exemption (TUE) Application

Asthma

*Prohibited Substances: Beta-2-agonists, Glucocorticoids*

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant [International Standard for Therapeutic Exemptions](https://www.wada-ama.org/en/resources/world-anti-doping-program/international-standard-therapeutic-use-exemptions-istue) [(ISTUE)](https://www.wada-ama.org/en/resources/world-anti-doping-program/international-standard-therapeutic-use-exemptions-istue) criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents MUST be provided. *A completed application and checklist DO NOT guarantee the granting of a TUE.* Conversely, in some situations a legitimate application may not include every element on the checklist.

|  |  |  |
| --- | --- | --- |
|  | **TUE Application form** must include: | |
|  |  | All sections completed in legible handwriting |
|  |  | All information submitted in English as per Sport Integrity Commission’s requirements |
|  |  | A signature from the applying physician |
|  |  | The Athlete’s signature |
|  | **Medical report** should include details of: | |
|  |  | Medical history: symptoms of airway obstruction, provocative stimuli, aggravating factors, exacerbations, age at onset, course of disease under treatment (specify) |
|  |  | Findings on examination: airflow obstruction at rest, exclusion of differential diagnoses |
|  |  | Summary of diagnostic test results: spirometry, if spirometry normal, include reversibility test, if both normal, include provocation test |
|  |  | Interpretation of symptoms, signs and test results by respiratory physician |
|  |  | Beta-2-agonists (except for salbutamol, salmeterol, formoterol, vilanterol by inhalation and in therapeutic doses, all are prohibited at all times) and/or glucocorticoids (only prohibited in- competition and when given systemically) prescribed including dosage, frequency and  administration route |
|  |  | Response to treatment with previous/current medication |
|  | **Diagnostic test results** should include copies of: | |
|  |  | Spirometry report with flow curve |
|  |  | Spirometry report with flow curve after bronchodilator administration (reversibility test) if above spirometry shows normal findings |
|  |  | Documentation (including spirometry report with flow curve) of a recognized provocation test if both spirometries above show normal findings |
|  | **Additional information** (if necessary) | |
|  |  | Peak flow log, allergy test results, previous spirometry and provocation tests results |

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Checklist for a TUE Application – Asthma – Version 9.1 – October 2023