**Checklist for Therapeutic Use Exemption (TUE) Application:

Anaphylaxis

*Prohibited Substance: Glucocorticoids*

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant [International Standard for Therapeutic Exemptions (ISTUE)](https://www.wada-ama.org/en/resources/world-anti-doping-code-and-international-standards/international-standard-therapeutic-use) criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents MUST be provided. A completed application and checklist do NOT guarantee the granting of a TUE*.* Conversely, in some situations a legitimate application may not include every element on the checklist.

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|[ ]  **TUE Application form** must include: |
|  |[ ]  All sections completed legibly |
|  |[ ]  All information submitted in English as per Sport Integrity Commission’s requirements |
|  |[ ]  A signature from the applying physician |
|  |[ ]  The Athlete’s signature |
|[ ]  **Medical report** should include details of: |
|  |[ ]  Medical history:1. onset, timeline of development of symptoms
2. trigger mechanism (e.g, allergen, observation) if known
3. comment on respiratory compromise, collapse, skin/mucosal reaction, gastrointestinal symptoms
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|  |[ ]  Physical examination (may be from emergency department - blood pressure, respiratory rate, skin/mucosal reaction) |
|  |[ ]  Treatment prescribed; time and date, dosage, frequency, administration route for each substance:1. Acute management (epinephrine/adrenaline and systemic glucocorticoids are prohibited in competition: nebulised beta-2-agonists are prohibited at all times; IV fluids are prohibited unless treatment is received in hospital)
2. Maintenance/prevention: epinephrine autoinjector (prohibited in competition only)
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|[ ]  **Diagnostic test/scale results** should include copies of: |
|  |[ ]  Ambulance or emergency department/hospital records - where available |
|  |[ ]  Laboratory tests (e.g. tryptase levels) - not always performed and not mandatory |
|  |[ ]  Photographic evidence of skin reaction if relevant and available |
|  |[ ]  Skin prick test or other allergy testing |

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