**Checklist for Therapeutic Use Exemption (TUE) Application

*Prohibited Substances: Methylphenidate and amphetamine derivatives*

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant [International Standard for Therapeutic Exemptions (ISTUE)](https://www.wada-ama.org/en/resources/world-anti-doping-code-and-international-standards/international-standard-therapeutic-use) Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents MUST be provided. *A completed application and checklist DO NOT guarantee the granting of a TUE.* Conversely, in some situations a legitimate application may not include every element on the checklist.

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|  | **TUE Application form** must include: | |
|  |  | All sections completed in legible handwriting |
|  |  | All information submitted in English as per Sport Integrity Commission’s requirements |
|  |  | A signature from the applying physician |
|  |  | The Athlete’s signature |
|  | **Medical report** should include details of: | |
|  |  | Medical history: age at onset of ADHD symptoms, age at initial diagnosis, symptoms across more than one setting, trial of non-prohibited interventions (if used) |
|  |  | Summary of diagnostic interviews, questionnaires and rating scales used and interpretation in relation to the diagnosis. Copies of relevant sections should ideally be included.  Examples include but are not limited to ACDS, CAADID, Barley, DIVA, Conners, K-SADs, SNAP |
|  |  | The report should be provided by a physician (paediatrician, psychiatrist or other physician specializing in ADHD) or a clinical psychologist. A psychologist assessment must be accompanied by a report from the diagnosing/prescribing physician. |
|  |  | Diagnosis, referring to ICD-11 or DSM-5 |
|  |  | Stimulant prescribed (methylphenidate and amphetamine are prohibited in-competition) including dosage, frequency, administration route |
|  | **Additional information** (if necessary) | |
|  |  | Supplementary reports which support the diagnosis: e.g., reports from psychologists, school teachers, parent/guardian (not mandatory)  Second opinion (only if required) |

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Checklist for a TUE Application – Attention Deficit Hyperactivity Disorder - Version 7.1 – October 2023